

Main St Middle School

March 2018

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday

Pepperoni and Cheese

MONDAY	Hawaiian Pizza
TUESDAY	Taco Pizza
WEDNESDAY	Barbecue Chicken Pizza
THURSDAY	Sausage Pizza
FRIDAY	WG French Bread Cheese or Pepperoni

Daily Special/Everyday

Cheeseburger/Hamburger



MONDAY	Bean & Cheese Burrito with Tortilla Chips	V SP
TUESDAY	Rib Que Sandwich	
WEDNESDAY	Hot Dog Sandwich	
THURSDAY	Corn Dogs	
FRIDAY	Grilled Cheese Sandwich	V



Daily Special/Everyday

Protein Pack

MONDAY	Orange Chicken and Brown Rice	
TUESDAY	Street Chicken Tacos on Soft Tortilla	SP
WEDNESDAY	Carnitas Torta	
THURSDAY	Chicken Lo-mein with fresh cut vegetables	SP
FRIDAY	WG Pasta Alfredo with Broccoli	V SP



Daily Special/Everyday

All American Sandwiches

MONDAY	Chicken Pesto Salad with Breadstick	SP
TUESDAY	Fiesta Taco Salad	
WEDNESDAY	Chef Salad with Breadstick	
THURSDAY	Chicken Caesar Salad with Breadstick	
FRIDAY	Fajita Chicken Salad	



Daily Special/Everyday

Assorted Cereal & Graham Crackers

MONDAY	Assorted Danish or Cinnamon Bun	
TUESDAY	Banana Muffin, Zucchini Bread or Benefit Bar	V SP
WEDNESDAY	Pancakes & Sausage or Breakfast Rounds	
THURSDAY	Breakfast Pizza or Assorted Muffins	
FRIDAY	French Toast Sticks or Cinnamon Bun	

This institution is an equal opportunity provider.

